

**The Fourth Way
Is to Understand?
By Rajesh Kapur**

Reference and all credit goes to my good friend Arthur Kaplan who helped me understand what it is to have Understanding and my life changed ever since.

Today is the 4th Day of the New Year, 2007 as I sit and contemplate the fourth way.

Let me begin by taking you back in time, I was in a Hostel in Canada about this time exactly early 2006 when I first came across this man Arthur Kaplan. I was very busy in my own little world, and although I noticed this old man as he had a presence and seemed a cheery kind of guy.

I totally ignored him for days. I had Patent Objections to sort out, and was too busy to concern myself with anyone never mind him. Even though I had met the most amazing people on my travels now was not the time.

It was cold on one morning and I was tired. Arthur was warming himself by the fire, there was nobody else there. I sat down across from him I was tired from rushing round the previous day and relieved now I had submitted the paperwork and so started to talk.

So where in South America are you from I said making light conversation, I really only at that point I was making polite conversation and was going to go of and eat breakfast.

South America he said quizzically ? I am not from South America he said with a wry smile on his face, I am from here he protested(I'd obviously struck a nerve) I am Canadian, a Canadian Jew my father was the Socialist Leader of Canada. I am just here to get my passport again so I can go again.

The strong response would have kept me curious but my mind was curious on another point if that was his father who was he? what had he done? Moreover what was he capable of ?

Whilst I was stunned to silence, Arthur rambled on, 'oh you mean this lunghi' I wear (I spotted a white homespun Indian type robe under his denim jacket). I have been in India he declared.

His face was now jovial they stop me at the airport they didn't believe I was Canadian neither he said with a childish grin think they thought I am some sort of terrorist, I had to show them these before they believe me, he carefully took out a plastic bag out of his pocket inside were cuttings and worn written references from a host of international charities giving him a glowing report on the work he'd done helping people in poor communities become self sufficient from South America to Africa, he even had a

glowing reference from the Israeli Government for designing a water trap in the Sinai desert. There were articles about his father , and also about Gold mining.

All of a sudden breakfast was the last thing on my mind, I had so many questions for this old man, **an old man yes but not any old man**, I'd half expected it when he told me who his father wasand I wasn't disappointed.

The only thing I could say was India why India are you doing charity work ?

Noo he said I live in India , I am trying to go back there he said. You live in India ? Yes , he said I am done with charities they are always under funding projects but we use materials around to help people, inventions that harness nature to help them. I decided to quiz him more on India , ok so why India ...he looked at me carefully **and then it began....**

Do you know why you are happy or sad can you even control it ?

No can anyone ?

Ah he said the human brain is the most complex thing.....look at these he pointed to people in the tv room but he didn't mean people in the Tv room they do not understand anything they think they do but they don't.

They are out of sync, one minute happy but mostly miserable and depressed empty inside , anger , jealousy , greed drives their desires.

Even when they have everythingthey want more...they take it from others still they never happy

In India people have nothing nothing but they are happyDo you know why that is ? They have balance.

There intellect is out of sync ...he motioned again to the tv room.do you understand ?

Now I was confused I said could understand how a simple life could give pleasures and that people amused themselves there is more family fun, more sharing...

See you don't understand either he said you have observed only the consequence and the effect of balance but you do not understand why... still you are much better than the rest u have tradition, which is why I talk to you about this.

Its all to do with Man Machine these people have become man machines , they think their intellect is too high they do not have tradition .all emotion out of balance they do not understand.

There are three things intellect , tradition and emotion. When these three are in balance you can control your emotions see.

I still didn't see he tried to give me examples a Baba in India spends his days nights outside in the street, he doesn't care it rain it shine he achieve some peace through sacrifice of one.

A man on bed of nails do it through tradition and dulling the rest.

The most intelligent of all are the Yogi 's who can achieve out of body experience by amplifying intelligence .

I decided to change the subject, **I was confused now** I told Arthur about my patent that I would talk to him later about many things, when he heard about my Patent he became excited I knew you could understand he said, I was right if you understand one thing fully you can understand other things **the fourth way is through understanding.**

Over the next number of days and months I pondered what this man had said he never brought it up again but we had discussion after discussion as I tried to visit him as often as I could to question him on oh a thousand things right from gold mining to geology to life itselfsadly I lost touch with Arthur , I had moved out of the hostel and he had since been kicked out , I found him again only for him to mysterious disappear from that next hostel too , I tried to help him when I found him the first time to get his passport and put him up for a few nights in the next hostel.

Finally, I liked his man machining to the Film the Matrix...and the pods and the controllers of the pods..and finally I began to understand, a little although I don't think I am there yet by any means...

Had we become machines ? .i started to begin to question everything

Let me try to explain I found out Asprin was made from the bark of a willow tree but they isolated the part that works, that you can't Patent anything natural so they add something and they synthesize it .

Now Asprin happens to be quite a good medicine comparatively little side effects. It just led me to thinking about Monsanto **how could they play with nature when all our medicines come from plants...**and to think I used to go to a doctor to get a pill with out questioning it. E.g.

Med school is based on what drugs are prescribed for what disease..do the Doctors even know ? or do they even care where these things come from and understand the reason they do what they do or if they are a good or bad drug ?

Yet Acupuncture which I thought mumbo jumbo .this guy struck five needles on my left side when my martial art injury was on the right hand side completely took away the pain.

I started to question science would it ever be as perfect as nature or would there always be something missing.

If there wasn't the sugar I doubt we'd need dentists...I wonder if there are natural cures for most things?

Witch Doctor or which Doctor ?

Ayurvedic medicine from the Vedas is doing wonders!!!

I then looked at advertising full of brands that's what we buy brands we feel comfortable with things branded in fact I would say we are resembling machines...

Everything we do in the matrix we feel 'Comfortable with' or we are made to feel 'comfortable with', or given an excuse to override the discomforting situation by the guardians of the matrix.

Notice we like to destroy what we don't understand. There is comfort in the matrix but have we gone too far...

I decided next to try to understand religion what was it all about was it another matrix what was the original concept ?

Beginning with my Religion Hinduism the very first major religion

I started to look at symbols and religion the first one I thought about is OM a swiggly figure meaning the breath we take divinity itself.

Pretty simple enough didn't really have any story behind it that I can see right now!

Going back in time raw and uncut stuff

(being a Hindu, Hinduism is an Individual's Religion the only thing you need to be a Hindu is a belief in God all about karma and reincarnation and you will not get out of the system till you reach a state of god or godliness)

Then Hindu is just a brand it is the Arian (a brand) **way of Life (the way ...a path ...possibly direction hmmm)**

Yes I do mean the same Aryans Hitler used to go on about coming to that as it intrigued me for ages as the Aryans were peaceful kind nomads..and Hitler made them into some kind of super race.

The Germans , like the North Indians and Iranians are Arian , the story goes that the ice age came and the Tribe spilt some going south some west.

Did you know the original Vedas the Hindu Holy Bible can only be read in Germany the ones in India were destroyed.

Finally the Swastika now that was a symbol I could work with steeped in blood and mystery.

The Swastika is the same symbol its called the same both in India and what was Nazi Germany .

Take the symbol I your ego
when you cut it you get the christian cross or is this a coincidence...

the center of the cross is God i.e. where you cut your ego, the four bits on the end to make the rest of the Swastika are that God rules in all four Directions.

A symbol of Gods power then ?

Some people say it was twisted **that's bullshit it means the same its called the same** people feel uncomfortable that Hitler used It as a symbol of power as he also used the **Nordic symbol SS meaning Victory.**

Unfortunately people use symbols , brands , why because we feel comfortable identifying with something yet is it right ?

So lets cut the crap what did the original teachings of Christ and the Arians have too say for themselves ? Aren't all religions based on sacrifice [human sacrifice] I don't necessarily mean literally **or does that make you feel uncomfortable.**

As far as I can see they have very incredibly similar concepts or is it coincidence again or is their more to it ...

Let me explain in the earliest text in the Vedas there is a notion that they
Self Sacrificed Drank Ambrosia and Reached God or Godliness

Similarly Jesus self sacrificed drank some sort of wine his blood to reach God.

OR have I got it wrong ? Perhaps I've hit the nail right on the head (see below)

More incredible then that a son of God would come to earth and sacrifice himself on a cross. **Why ?**

Jesus talks **in the bible at least** of being the way the truth and the light the only way to the father is through me.. (perhaps he said something very similar)

Is there a simple but powerful message in all of this that we have all missed ?

You see my understanding now is that it was pre-ordained and that Jesus was born to die on the cross especially considering the coincidence with the Holy Vedas.

Surely, to sacrifice himself for others he was a son of God,

Then did he mean that **we could only reach god the same way he did (self sacrifice) it would make perfect sense**, considering the coincidence with the Vedas and one more thing ?

What stuns me is that if we stand still with our legs together and our arms outstretched , we resemble a cross (self sacrifice)

**Deus est in Totus Nostrum
God is in all of us**

Simple , Not Obvious (or Overwritten through time) but Powerful very very Powerful.

Was **the way** Jesus described self sacrifice ,

Nasty man couldn't accept it, so he had to change the message ? **No Jesus took all our sins awaya blanket coverage.....yeah right!**

We 'll believe anything that's comfortable won't we.

Man can't except God through science But Science can't beat Nature is perfect.....So now we are going to make our own version (Monsanto)

Certainly when **we make a sacrifice and help others we feel good**, doesn't that strike a chord maybe Jesus and the Vedas are rightthey both point to the way, maybe we can only reach God by helping others ..

Perhaps Arthur the Fourth way is understanding well here is my tale or my blogg and here is an end to it.

If we continue to Destroy the Wilderness God created , I know one thing we will create a Hell on Earth. Perhaps man's comfort has gone too far , if we don't be careful and soften the matrix we live in PERHAPS GIVE UP some of our comfort!.

We may begin to understand when its too late!!!!